

## **Cooper University Health System**

### **Post-Doctoral Position: Early Intervention Program**

#### **Cooper Hospital:**

Cooper University Hospital is located in Camden, NJ directly across the river from Philadelphia, PA. We are part of a health system that has **60 + outpatient medical offices**, urgent care clinics and a medical school (CMSRU). We serve the Camden urban area as well as the suburban areas surrounding the city. We are the only Level 1 trauma center in southern NJ serving a population of two million. With over 3,800 trauma visits annually, Cooper has the busiest Level 1 Trauma Center in the state.

The Early Intervention Program was developed as an interdisciplinary health clinic designed to address the physical and mental health needs of HIV infected individuals. The Program provides both physical care from primary medical team, infectious disease, addictions medicine, psychiatry, pharmacy, medical case management, nursing navigation as well as mental health supports to all patients. As a Ryan White Program-funded clinic, the EIP is charged with providing a comprehensive system of HIV primary medical care, essential support services, and medications for low-income people living with HIV who are uninsured and underserved. Mental health services include regular (annual) assessment of patients and the provision of outpatient therapy. Therapy is primarily administered in an individual modality, though there is the option of group therapies. Group therapies and educational groups are provided often to ensure that numerous patients' needs can be met. Groups have included: Emotional regulation, Medical Compliance, Managing Headaches, Nutritional Counseling and Smoking Cessation.

For additional information:

<https://www.cooperhealth.org/services/early-intervention-program>

<https://www.cooperhealth.org/services/emergency-medicine>

<https://www.cooperhealth.edu/residencies/emergency-medicine>

<https://www.cooperhealth.org/services/behavioral-medicine>

<https://www.cooperhealth.edu/allied-health/behavioral-medicine>

#### **Primary Role:**

The Post-Doctoral Fellow chosen for this position will provide psychological consultation and psychotherapeutic intervention for patients within the EIP. They will provide evidence-based brief interventions (CBT, ACT and mindfulness-skills) with a variety of patients and family members who present to the EIP with psychiatric distress. Work in collaboration with, and provide consultation to, a multidisciplinary medical team (i.e., primary care, infectious disease, addictions medicine, psychiatry, medical case management, pharmacology, and nursing navigation). Participate in daily operations of the EIP mental health team; collaboratively work to maximize disposition efficiency for patients with psychological diagnosis; ensure intradepartmental mental health care is practiced in accordance with best medical practice for mental health challenges and emergencies; collaboratively work to institute appropriate changes to improve

patient/employee/third party satisfaction with the EIP; review and revise billing procedures to potentially improve revenue cycles for the EIP; design and pilot research protocols and programs in order to contribute to the emergency services literature. Collaborate with all medical and psychological teams regularly to ensure patient needs are met. Ensure mental health emergency procedures meet JCAHO/CMS credentialing requirements and best care practices are followed, which includes providing any needed ongoing education for emergency department personnel.

**Principal Duties and Responsibilities:**

- Develops meaningful and effective relationships with leadership and frontline physicians, nurses, residents and students. Engages in regular direct communication with all staff as well as patients and their families
- Provides patient risk assessment and recommendations for the EIP team
- Assist in providing an annual mental health assessment for all patients in the EIP
- Provide consultation as well as liaison services in a busy medical clinic
- Create group programming as appropriate for psychiatric patients in EIP
- Identifies gaps in psychological programming and consultations in the EIP and recommend and implement solutions.
- Serves as a mental health liaison across the EIP. Develops and maintains referral relationships with community-based behavioral health providers to assist in timely psychological and psychiatric support for patients needing referrals for longer term mental health needs
- Provides consultative support to caregivers seeking referral to appropriate behavioral health providers, including education about most efficient and effective use of behavioral health resources.
- Develops original presentations and trainings for EIP team as needed to cover areas such as stress management, self-care and provider wellness
- Participate in weekly didactics and group supervision with Behavioral Medicine team
- Participate in on-going Behavioral Medicine and/or EIP research; initiation of new projects, work toward procurement of internal and external grant-funding; participation in professional presentation at national conferences; work toward publication of Behavioral Medicine research.
- Represent Cooper locally, regionally, and nationally at conferences-presenting emergency. Work collaboratively with other institutions to share best practices and program strategies. Oversee data collection and maintain database. Submit publications to peer reviewed journals in collaboration with the Division of Behavioral Medicine

- Provide secondary supervision for Behavioral Medicine externs and interns as applicable.

**Education, Experience and Special Requirements:**

- Psy.D./Ph.D. in Clinical Psychology; Specialization in Health and/or Neuropsychology favored
- Must have completed an APA accredited Psychology Internship
- Must have applied for New Jersey permit; a temporary permit is required prior to start date
- Bilingual preferred
- Experience working in an acute hospital setting as well as experience with acute psychiatric conditions preferred.
- Excellent oral and written communication skills
- Ability to work independently and exercise sound clinical judgment
- Ability to work in cooperation with multidisciplinary medical team
- Strong organizational and management skills

To Apply:

<https://jobs.cooperhealth.org/job/camden/fellow-early-intervention-program/338/15114925>